AMENDMENTS TO THE CLAIMS

- 1. (Withdrawn) An endurance improving agent comprising catechins as an active ingredient.
 - 2. (Withdrawn) An antifatigue agent comprising catechins as an active ingredient.
 - 3. (Withdrawn) Use of catechins for the production of an endurance improving agent.
 - 4. (Withdrawn) Use of catechins for the production of an antifatigue agent.
- 5. (Original) A method for improving endurance, which comprises administering an effective dose of catechins.
 - 6. (Canceled)
 - 7. (Withdrawn) An AMPK activator comprising catechins as an active ingredient.
 - 8. (Withdrawn) Use of catechins for the production of an AMPK activator.
- 9. (Withdrawn) A method of activating AMPK, which comprises administering an effective dose of catechins.